



Box End Park, Kempston, Bedford MK43 8RQ,

20th August 2022

Mass Start Swim EVENT INFORMATION

Distances

750m | 1500m | 2.5 | 3.8k | 5k

About

Welcome to MASS START SWIM 2022... Historically, an amazing well known exciting event at the beautiful BOX END. Involving open water swim events at various distances and aimed at triathletes and swimmers out for a good event or to push yourself.

Starting near the beach, participants enter the water, wait for the whistle and proceed with a clockwise swim: front crawl and breast-stroke are allowed. If you get into trouble, turn on your back and raise an arm to alert a kayak marshal. Wetsuits are optional.

Changing rooms, showers and lockers are available and Parking is in the main car park and is free.

Timings

START time is 9:30am

Please arrive early if you intend to enter on the day. You will be able to enter the water for a warm up 5minutes before and **NO DIVING** please. **BRIEFING** is 9.20am.

Registration

REGISTRATION Opens at 8.00am and closes at 9.15am. Registration will be under the Gazebo next to the finish line. You will be given a swim cap and a timing chip.

Online entries will close the 10th August, however on the day entries will be allowed.

Results - Will be posted on the RESULTS BASE website after the event.

If you have questions prior to the event, please contact us by email to: events@enduro-team.co.uk. We look forward to welcoming you on the day and wish you all a fantastic event.

